



WE ARE AN EXCLUSIVE PRIVATE GYM IN THE HEART OF ZUMIKON!

Our international clientele enjoys the personal, familiar atmosphere, tailor-made training and creative, selected group courses. You are very welcome for a trial session – check us out!

TEL.: 044 222 00 66 | WWW.HEARTCHECK.CH
MORGENTAL 39 | 8126 ZUMIKON



**UPSCALE
+
DOWN TO EARTH**



OUR CUSTOMERS ARE OUR FOCUS

It is about you personally, what YOU need and how much of it?

Training is teamwork!

Sometimes what you want is not what you need to achieve your goals.

Together we will develop your personal program to combine fun, challenge and efficiency.

Benefits of training with us:



Anita Kunz (Owner):
"health is a process, not a condition"
We look forward to you!





SERVICE

Intro Session 1

What do you need?

Personalized Fitness Program

MILON Fitness Test

Intro Session 2 - Follow Up

How do you stay motivated?

Optimize Fitness Program

Body Fat Measurement

1 year 3 Personal Trainings

1/2 year 1 Personal Training

How do you progress?

1 to 1 with an expert

Adapt training to new challenges

..and unlimited access to Gym

05:00 – 22:00

365 days

Full course plan

Parking in the building / surroundings



PRIZES

1-Year Membership CHF 1390

Students CHF 990

Seniors 64/65+ CHF 690 (mo-fr 11am - 5pm)

6-Month Membership CHF 960

Students CHF 690

Monthly Membership CHF 220

Singly Entry CHF 35

Chip Depot CHF 30

Personal Training

(add single entry / membership)

Single Session 60min CHF 140

10s Subscription CHF 1290

20s Subscription CHF 2490



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